

NEWSLETTER

Summer's Arrived!

Margaret Thompson Editor.

And been and gone!! Oh dear I do hope not! All that fabulous weather before the children broke up from school and now feel it!

I went to Montreal to see my son and his family and to get some real summer and what happened? Storms like you never saw! And flooded streets. "July and August are always hot and dry" wailed my daughter in law. So it is not just the UK. Anyway we still had a great time catching up on family gossip and just seeing that we all looked good, if a little older than last time.

I got to garden over there as they have recently moved into an older property which needs lots of TLC. I am always surprised when I cross the Atlantic to find all the same plants growing there as we have here, but of course the latitude is about the same. The only reason we don't get 14 foot of snow in winter is the effect of the gulf stream. Let's hope that does not go into reverse.

With Summer comes the Study Group Fair. I am looking forward to seeing all that is on offer in our U3A. Last year this meeting was replaced by a 'gossip session', the idea being that we could all 'turn up and catch up', over a cup of coffee, with our friends but we didn't. Despite some lack of support in previous years, everybody really missed the SGroup Fair so I hope to see you there to enjoy all the efforts of our conscientious SGLs who have been planning and organising the displays and who will be on hand to tell us about their group.

[R] 'Exploring London' in Salisbury Cathedral.



Committee Notes

John Carleton Chairman

The Treasurer reported that the application for a Grassroots grant to update our IT equipment had resulted in an award of £1,750. Whilst less than the sum for which we had applied, it is a most generous gift in these financially hard times and will be a great help in improving our facilities. The Committee gave a warm word of thanks to the Treasurer for his months of hard work that led to this fine award.

AGM 2010. In order to provide members with the audited financial report along with the Chairman's report and the final agenda, well in advance of the meeting, it was agreed that as a trial the next AGM will be held on Tuesday June 1st 2010.

Final arrangements for the Study Group Fair were discussed, it is hoped that a number of visitors will be joining us.

Exploring London and Beyond from Gordon Hitchman

THE SALISBURY trip was excellent; the weather as usual was warm and sunny. The town is quite 'old worldy' with the river Avon running through it. The Cathedral was magnificent, what a triumph of architectural achievement.

The photo shows some of the group around the modernistic Font.

Calling all Study Group Leaders Study Group Leaders Meeting

18 September 2.30pm
Hollytree House

Your chance to disseminate your ideas; have your say!

Study Group Topics By Margaret Foster

Study Group Coordinator
Studygroups@watfordu3a.org.uk

IT is almost upon us **The Study Group Fair**. The Chairman of Watford Council, Councillor Keith Crout will be attending with his guest Cllr. Ellie Burtenshaw plus SGC-ordinators from other local groups.

All the Study Group Leaders have put a lot of effort into making this a very informative and interesting meeting, so it is now up to the members to come along, support their efforts and generally have an enjoyable morning in the company of friends, because that is what all U3A members are, friends.

I have been in contact with Watford Boys Grammar School concerning the Language Courses which were so successful this past term and they have replied letting me know that they will "be in touch shortly".

Will all the members who have signed up for the second 'First Aid' course please see me at the SGFair. I have information handouts for them about the course.

Likewise all the members who have signed up for the 'London Underground' course, Please collect your information handout from me during the SGFair.

Minnie Russell-Harris SGC for Bushey has sent an e-mail offering places on a new Painting Course, which Bushey will be starting in September. There will be a list on the board for anyone who is interested to sign and I will forward this to Minnie.

If you have a computer and can access the Internet you could print your copy of the newsletter at home thus getting it earlier and in colour. Please ensure that you have let the Editor know your e-mail address.

Send it to Editor@watfordu3a.org.uk and she will send the NL to you by e-mail. Another advantage of this is it contains some useful telephone numbers for Study Group contacts and committee members which for personal security are not in the NL published on our website:- www.watfordu3a.org.uk.

I wish everyone a happy month and hope to see lots of you on 4th August.

Obituary Robin Burgess

IT IS with very great sadness that we announce the death at Watford General Hospital, on Wednesday July 22nd 2009, of Robin Burgess.

Robin was a long standing member of WU3A with a dry wit and a mischievous sense of humour, and a great awareness of others needs.

He was a regular attendee of monthly meetings and a loyal member of the Computer Group of which he was the first SGL.

He was also a member of the Science Interest Group and often accompanied Aline to Art Appreciation. He greatly enjoyed being a member of The Strollers seen in the picture above at Ashridge, enjoying a break in our walk.

Robin was Secretary of WU3A Committee for three years from 2002-2005, during which time he played a major part in the revision of our Constitution, his legal expertise proving invaluable. He continued to be involved in this process even after retiring from the committee and this year was appointed as our legal advisor. His sound 'common sense' advice, always given in a good humoured and non adversarial way, was much appreciated.

For many years Robin and Aline offered a home the WU3A photocopier and not only helped members to use it, but made everyone so welcome, often with a cup of tea and a lovely view of their beautiful garden.

Robin had suffered ill health for a number of years, but kept this hidden from the world. He underwent surgery early this month but succumbed to post operative complications. He will be sadly missed, but long remembered.

Our thoughts are with Aline and his family at this time.

The funeral is on Friday August 7th at 2.40pm at the West Herts Crematorium. Members are welcome to join the family afterwards at the Conservative Club for tea but please could you let the family know.



Underground Potpourri by David Burnell Course Tutor

For many London's Underground is the stuff of nightmares and to be endured rather than enjoyed. However, the largest unified Underground system in the world has a fascinating history going back over 140 years. This fully illustrated short course of 5 sessions takes a sideways look at different aspects of this colourful story, dominated by larger than life visionaries, innovators, risk takers, idealists and swindlers. The great financial and personal risks taken by the early pioneers is considered as are developments that were often at the cutting face, (pun intended), of Victorian technological achievement.

The course traces the development of the early smoke filled lines the first deep level tubes, the how and why of their creation, and what it was like to travel on them. It also explores how the idea of a copy writer gave birth to the cultural phenomenon of 'Metroland', and why, improbably, the Underground became the greatest example of good industrial and commercial design this country has ever produced. The experience of the Underground in two world wars and how London kept moving against all the odds is also explored. Not just for train enthusiasts, but, be warned, occasionally there will be pictures of trains!

Although to be confirmed it may be possible to take a 'behind-the-scenes' look at The Depot at Acton, an offshoot of the London Transport Museum where there are many trains buses and artefacts not often on public display. (Small charge)

Dates, location and times to be announced at the Study Group Fair by Margaret Foster SGC0-ordinator [see p1 Study Group Topics]

Wine Very Much Appreciated!

By John Britton (and others)

IN JUNE we tasted some unusual wines; mainly from Eastern Europe and the Levant. Some, such as a very drinkable Cabernet Sauvignon from Moldova, were familiar grape varieties from somewhat unfamiliar locations (although Moldova has 5000 years of viticulture tradition and reputedly produced the favourite wines of the Tsars). Others were unusual grapes from more well-known areas, such as the Maratheftiko from a co-operative in Cyprus. From Eva's vineyard in Hungary we tried two cheap and cheerful blends, with most of us preferring the Chenin Blanc/Kiralyleanka to the Merlot/Kekfrankos. We all thought we had some friends to whom we could serve either of these £4 wines!

But unusual doesn't always mean cheap; Santorini's Assyriko at £10 and Lebanon's Muscat/Sauvignon Blanc at £11 were wines that we liked, but wouldn't necessarily buy at those prices. Our favourite white was from Kent - a medium sweet Bacchus 2007 from the Chapel Down Winery which was full of English pears and elderflowers and just made for lazy afternoons in a hammock (although at £9.49 this one wasn't cheap either). By contrast, the best red was a classic, - and classy Cabernet Sauvignon from an organic vineyard in Halkidiki. With lasting flavours that would suit many foods, at only £8 you could easily drink enough to fall out of the hammock.

As is often the case at our tastings, the discussion broadened as the afternoon progressed, and we found ourselves debating why we like the wines that we do and why some wines taste different on different occasions. Is it due to barometric pressure, our biorhythms, or the phases of the moon? Further research is needed !!

It's the company one's in. Ed's research!

Letters to the Editor

Dear Editor

Further to the report in the last newsletter I just wanted to write on behalf of all of us at The Peace Hospice to thank you all for your tremendous support for our fifth Garden Party at Hunton Park. The article mentioned Val, Margaret, Brian & Margaret who are all on our Committee organising the event starting with regular meetings from January onwards. But the event simply would not happen without all of you coming along to run a stall, do the refreshments, help set up and of course donate bottles, cakes and bric a brac too! We are very grateful to each and every one of you for your part in making this the wonderful family event it is. Despite the rather showery weather we had another very enjoyable event and raised over £5,000 for the hospice, helping us to continue our vital care for people with a terminal illness and their families.

Maggie Grand Corporate Development Manager

The July Monthly Meeting

The Speaker was Mike Pocock [R] from 'Three Valleys Water' who gave a very interesting talk, explaining how the company were developing the water distribution system and planning for greater demand in the future.



U3A 'Full Of Life' from John Grainger

LAST year, around 50,000 people across the country took part in some 900 local events ranging from gardening projects to tea dances, exercise classes to achievement awards. The 'Age Snapped' photography competition and exhibition, with images that challenge our views of older people, will also return as the flagship event for this year's activities. 'Older Peoples Day' celebrates the opportunities, achievements and aspirations of older people and the important role they play in our lives.

Older Peoples Day is now in its third year and the organisers want to build on the huge success of last year. '2009's Older Peoples Day' will take place on 1st October, the same day as UN International Day for older People. The day highlights older peoples contributions to society and our economy, and aims to overturn negative attitudes and outdated stereotypes by bringing different generations together to promote a more positive view of later life.

This theme proved so popular, it will be extended in 2009, with even more community activities to help people of different ages, from different backgrounds, come together. By getting together we are strengthening our local communities and playing an important part in creating safer, friendlier neighbourhoods for both young and old.

If you or our organisation would like to get involved go to;- www.dwp.gov.uk/fullloflife or, www.fulloflife.direct.gov.uk for more information.



carousel. What with the Dad's Army exhibits and some large steam locomotives in the sheds there was plenty to see and of course the large Garden Centre was checked out by many. It proved a very enjoyable day.

U3A Science:- by Brian Mee The Paper Trail July 20th

THE Paper Trail is an educational project based at Frogmore Mill, Apsley, which produces paper of various colours from recycled waste paper. Over 200 schools send their waste paper there and they are credited with points for every kilogram. When they amass a number of points they can claim a visit for a certain number of students.

We were shown a video and presentation by Peter one of the volunteer guides, who was a professional compositor in his working life. He also demonstrated the production of hand-made paper from rag fibres. Nowadays large quantities of paper are made by machines, which were invented and developed by the Huguenot paper makers, the Fourdrinier brothers, nearly two hundred years ago.

Pure water from a borehole under the Mill is used to make the fine slurry of 99% water and 1% fibres from which paper is made using a metal mesh to catch the fibres. The wet fibre mix is first coloured, then steam dried and rollers press out the moisture.

John Dickinson worked the Mill over a hundred years ago producing, among others, the well known Basildon Bond brand of paper and amassing a fortune. Parliament still gets their daily Orders from the Mill on special paper. The Victorian steam driven Papermaking Machine was in maintenance phase, so our visit was very quiet!

Gardening Group Bressingham Gardens by Pam Grant

Our journey to Bressingham Gardens and Nurseries in Norfolk in mid-June was possibly one of the longest we have done this year but we certainly were going in the right direction both for easy travel and good weather. It was possibly also the first time that the Gardening Group has descended on a Tesco superstore for their coffee stop...!

The Bressingham Gardens are privately owned by the Bloom family. Alan Bloom originally developed the area of the garden named the Dell and his son Adrian has now added the garden that he and his wife have called Foggy Bottom. It was possible to wander very easily around lovely curved beds and wide areas of mown grass to admire beautiful views at every turn. The colours in the wide herbaceous borders were wonderfully mixed and all the plants were clearly named, always good for keen gardeners! There were butterflies everywhere and they obviously liked the flowers and sunshine as well.

The gardens are home also to four small steam railways so a few people took a ride around either the gardens or the neighbouring woodland and nurseries and Ann and Gwen (anyone else brave enough?) went on the steam



The Walking Group Picnic 2009 by Joan Manhire

Thunder, lightning and torrential rain, threatened to spoil the Walking Group's traditional summer picnic on Sunday 7th June. Meeting at noon we travelled to White Leaf Cross where we shared a our picnic lunch overlooking the beautiful Vale of Aylesbury, whilst watching the Red Kites zooming across the sky, to dive down into the valley below. We drove on to the village of Long Crendon where there were eight gardens open to support the National Garden Scheme, a charity of which HRH The Prince Charles is a patron. We enjoyed a walled garden, a four-acre estate with two lakes, a modern courtyard and patio garden, a woodland glade plus several typical cottage gardens, all bathed in sunshine. A piece of delicious home made cake and several cups of tea in the village hall completed a very happy outing.

WU3A Almoners

Irene Lowe
Peggy Element
Janet Carleton
Kathleen McMahon

As almoners we like to be aware of anyone experiencing difficulties such as illness, bereavement or getting to the Monthly or SGroup meetings.

STUDY GROUP NEWS

Please keep 'The Study Group Diary' for Group Leaders contact numbers and times and venues of Study Group Meetings.

Anglo-German Walks

4th Friday 10.00am
Interested tel 231754 or
dick.chapman@ntlworld.com

Art Appreciation

2nd Mon 10.00 for 10.30am at
Hollytree House.

'Impressionist portraits',
expertly researched and
delivered by Margaret Bolton
at our July Meeting, gave us a
glimpse into the lives of artist
and subject of that era and a
greater understanding of what
was seen at the time as
revolutionary techniques.

10 Aug Stanley Spencer by
Joan Manhire as a preparation
for our visit the following day.

11 Aug (Tuesday) Visit to
The Stanley Spencer Gallery,
Cookham NB. extra pick-up
point and time changes:

8.30am Bushey Synagogue

9.00am Essex Arms (new
time) This outing is now full.

Antiques

2nd Tues of the month

2.30pm-4.30pm my home.

With the miracles of modern
science and the expertise of
Colin Richards (what would
we all do without Colin!) we
were able to view the video on
the life and works of William
Morris, left over from last
month. Morris certainly was a
gifted, though rather bad-
tempered individual, whose
mark is still being felt in
modern day designs.

11 Aug: The Art Nouveau and
Art Deco periods will no
doubt bring forth more
interesting and unusual facts
of those periods.

Beginners Bridge

Alternate Weds 10.00am-12
noon. Class full.

Book Discussion

Group

4th Mon

2.00pm-

4.00pm

28 Devereux

Drive. Not

every book

we read is

worth reading but they are



Betty Crowder

nearly all worth talking about,
which is the main point of this
Group, and talk we do! If we
run out of book talk, there is
always the world to put right.
Books raise issues:
interesting, disturbing,
hilarious. In the coming
months we will tackle
Victoria Hislop's "The
Return", ie to "The Island",
which we read a while ago,
plus a selection including old
classics, "The Mill on the
Floss" by George Elliott,
novels by Graham Swift and
Amitav Ghosh and, later, the
biography by Diane Athill. All
are supplied by the library in
as many copies as we need.
We are seven but would love
to be 8 or 9.

Chess

2nd & 4th Tues 9.30am

Chess is still very strong with
excellent players and some
from other U3As which
makes it interesting and
competitive. Anyone wanting
to start afresh is very welcome

Computers 3rd Thurs

2.00pm Thorpe Community
Room, Garston Fire Station,
St Albans Road, (Next Asda)

20 Aug Open discussion
session. There is a charge of
50p per person to cover costs.

Cryptic Crosswords

1st & 3rd Fri of the month.

Of late, our meetings have
been run by a succession of
different organisers, on their
own, in pairs and even triples.
Consequently, there have been
fresh ideas and a very varied
diet of crosswords and related
puzzles from many sources.
Dare it be said that we are all
getting that little bit sharper as
a result?

7 & 21 Aug next meetings.

Current Affairs

3rd Tues 10.00am Hollytree
House.

Our discussions are on
subjects of topical interest
raised by members, mostly
sourced from newspapers or
news broadcasts. Occasionally

we agree a subject in advance
and sometimes we invite a
speaker to introduce a
particular topic. NB that there
is a short waiting list for
membership of this Group.

Cycling

10.00am 1st Mon & 3rd

Wednesday starting at
Watford Met Station.

The Monday ride is run jointly
with Watford Park U3A.

3 Aug Bill's mystery ride.

19 Aug Mystery ride ending
chez Y&D for Summer picnic.

European Studies

4th Wed 10.00am

Exploring London

5 Aug Petworth House

2 Sep Hampton Court

Film Group

2.00pm 3rd Mon

Herga Court

Aug NO Film Holiday Break.

For future films we changing
date to the 1st Thursday of the
month.

3 Sep "Before You Go"

Director Lewis Gilbert Julie
Walters John Hannah Joanne
Whalley. The imperfect lives
of three sisters are revealed at
their unloved mother's funeral.
Comedy-drama. After the film
there will be tea /discussion of
the film.

Food & Nutrition

Combewood House. 2.00pm

NB Aug No meeting.

22 Sep visit to Farmers

Market at Witham followed

by talk and tour at Wilkin &

Co at Tiptree. Coach pick up

Bushey Synagogue 9a.m.

Haydon Road 9.05a.m.

Bushey Station 9.10a.m.

Essex Arms 9.25a.m.

Please bring a packed lunch or
arrange your own lunch whilst
we are at Witham. Tiptree

2.00pm. for talk and guided

tour followed by cream tea.

Will give price next month

when I will collect £10 and

take details of pick ups.

Tom O'Callaghan would like

to receive your herb recipes so

he can produce a recipe

collection for us all. Even if

you did not prepare anything

for us to try, but have recipes

for dishes to include herbs,

please let Tom have them asap

in order that he can complete

the collection.

Gardening

3rd Thurs 10.00am

20 Aug Afternoon visit to
Stockwood Park, Luton for
Group members. Our gentle

'Garden Party' afternoon
without too long a journey and

a chance to potter and have a
cream tea together. We'll aim

to get there at about 2pm so
suggest that you have an early

bite of lunch at home first.

Price £9.50 to include coach,
cream tea and gratuities.

17 Sep Groombridge Place in
Kent. Restored 17th Century

formal gardens within the
walls of a moated castle.

Water and new features such
as a maze, knot garden and an

aerial walkway leading to an

Enchanted Forest! Lunches

available and also a picnic

area. Tickets £15.50 on sale to

Group members this month,

open sale in September.

15 Oct High Beeches in

Sussex for Autumn colour

hopefully. More details later.

Greetings Cards

Hollytree House

13 Aug Folding paper/card in
various ways including

butterflies and iris folding.

ALSO joint group bring- and -

share lunch 12.00-2.00pm

10 Sep as August.

8 Oct Embossing and using

CDs. (inc.Christmas).

12 Nov More Christmas

(inc.weaving).

10 Dec Boxes and men's

cards.

History

2nd Mon 2.00pm Fire Station

Garston (Asda CP off A41)

Italian 10.00am alt Thurs

A self help group, using

audio/visual material, written

exercises and original Italian

texts. We are guided by a

fluent Italian speaker.

Jazz 3rd Wed 2.30pm

We heard a very interesting

Presentation by Ray Gynne

with Classical Crossover as

his subject. Classics in a Jazz

Mode and vice-versa. An

interesting and thoughtful

session. Well done, that

Member!!

Aug meeting is by another of

our Members, so we look

forward to that to.

All are welcome.

London Theatre Grp

10 Sep We have obtained tickets to see LA CAGE AUX FOLLES at the Playhouse Theatre. In order to get the special rate all the money has to be paid in by the **5th of August** so we only have the August Fair in which to sell tickets. Please bring your cheque books. If you can't make the Fair but wish to go, please let Eileen Cox or Marie McMorris know a.s.a.p. Price including coach will be £28.

Coach arrangements:-

Bushey Synagogue 12.00pm

Bushey Haydon Rd 12.05pm

The Essex Arms 12.30pm

Luncheon Club

4th Wed in month

We are still up and running and would be pleased to see any members who would like to join us for lunch. Please phone Fay for further details.

MoneyMatters

1st Thurs Hollytree House.

10.00am - Noon.

Music Appreciation

3rd Wed: 10.00am Coffee and chat. **10.30am** meeting.

Needlecraft

1st & 4th Mon Combewood House. Group full.

Opera

2nd Monday in month

2.00pm at Christine's house.

In July instead of seeing Semele we enjoyed a DVD of the Covent Garden production of Carmen which was shown at the Vue cinema recently and which some of our members went to see. But as other members were unable to go at that time, this was a chance for them to see it after all. Even those who had seen it before found it just as stunning.

8 Aug No meeting.

14 Sep This month we will, all being well, be watching Handel's Semele.

As yet there have been no news of further operas being shown at the Vue cinema, but I will let you know as soon as I hear about them.

Panto Group

Various groups are arranging dates and times to rehearse their contributions to the Christmas Show.

Pathfinders Group

The Essex Arms **9.25am**

All Walks start at the The Essex Arms at 9.25

25 Aug Tring Park

22 Sep Shenley Park

27 Oct Ashridge

Performing Arts

Johanna's Mon 7.30pm

Dates emailed to show casts.

Photo Manipulation

Falconer School, Bushey

2nd Tuesday of the month

4.00pm-5.30pm

11 Aug NB: for this month only we will be meeting at the Garston Fire Station (Dome Roundabout) in the Thorpe Room :- 2.00-4.00pm. This will take the form of a question and answer session so bring any photography problems you are having and Gerry will do his best to help.

Poetry Read & Study

Monday evening, monthly by arrangement. New members welcome.

Return to Cycling

2.00pm 1st Thursday

This group is run jointly with Watford Park U3A.

Short rides in the Watford area based on the Watford Council map, starting at the Pump House at 2.00pm.

6 Aug, 3 Sep.

Science Interest

3rd Monday 10.00am

NB: August NOT at St Margaret's School BUT IS AT the Natural History Museum, London. Tel:

Brian for more details a few days before, if you are not on email.

17 Aug Natural History Museum visit

21 Sep: (back at Hollytree House) "Fascinating Fungi" by Rosemary Hopewell

19 Oct What is Amateur Radio? - Brian Hodgson
New members welcome.

Scrabble 1

2nd and 4th Thursdays.

Our group is still full.

Scrabble 2

2nd Thurs 10.00am.

Our group is now full. Maybe someone would wish to start Scrabble 3?

Shakespeare

Last Wed 2.00pm

26 Aug Having seen the first half of: 'The Winter's Tale', at Gwen & Don's place, we will view the remainder of the DVD at the usual meeting place (135) and discuss, prior to our visit to Stratford-upon-Avon on **17 September.**

30 Sep continue reading: 'The Winter's Tale', and choose our next play.

Snooker

Every Monday (except Bank Holidays) **11.00am-1.00pm.**

Joint Group with WPU3A.

Sporting Forum

Great company and excellent food provided the perfect menu for

our July get-together. Our one non-sporting event of the year again 'scored' a 'hit' as members enjoyed another 'winner'. This month we are 'on the road' with a 'Mystery car run - knowing where to start is one thing - getting to the finish another 'ball game'.

18 Aug Mystery car run.

15 Sep Ten-pin Bowling

20 Oct Watford FC

15 Sep Ten-pin Bowling.

Strollers

Meeting time 11.00am New members will be welcome.

Distances are not shown but are usually 2.5 to 3 miles.

The Explorers

7 Aug 10.00am The Nap CP Kings Langley/Apsley Leader Jean Grainger Eat Rose & Crown, Kings Langley.

4 Sep 9.30am Charlock Way to car share. Black Lake, Fulmer, leader; Myra. Eat ??? Bring strong walking shoes or boots, lightweight waterproof, and something to drink along the way. If you are joining us and you let the organizer or leader know by phone, then if you are late someone will wait for you. My mobile phone number is

The Rock 'n' Roll Yrs

4th Thursday each month

2.30pm Hollytree House.

AUG: NO MEETING.

Thirsty Walkers

Every 4th Thursday.

Meet at The **Essex Arms at 9.30am** to share cars. See you there!

27 Aug Walk by Paul Telford at Merryhill, Bushey.

24 Sep Alan and Carol Rose take us through Chipperfield.

Tuesday Trekkers

Meet 9.45am start at 10.00am. Walks of about 5mls ending at a very worthwhile pub.

11 Aug Shenley tea room near cricket club Val leads. Picnic if weather kind.

8 Sep A Dennis special, something for everyone, bus pass will be useful. St Albans to Hatfield via the Alban Way Board 724 (Harlow) bus as follows: Croxley Met Station 09.59am, Croxley 2 Bridges 10.02 am, Clarendon Rd. Stop 16 -10.07 am, Watford Junction Stop 2 -10.12 am, St Albans Rd, Regent St 10.15 am, St Albans Rd opp library 10.18am, Garston Bus Garage, TGI Fridays 10.23am, Ask for Abbey Stn, St Albans. This route, the cafe and the pub have all been tested by your cycling SGL and have been awarded 5*. Return from Galleria at 14.06pm or at any time later depending on how long you spend shopping.

U3A Singers

1st & 3rd Monday 2.30pm

We have already started learning our songs for the Christmas Entertainment, and Singers are strongly urged to start memorizing words over the summer break.

17 Aug No meeting. No decision has been made yet regarding **Sep 6th**, so watch this space!

Some new voices would be very welcome.

Walking

Most walks start at JS A41 Eight Miles 9.30am

12 Aug Windsor

9 Sep Brentford

14 Oct Epping

11 Nov Codicote

9 Dec Sarratt

Six miles 10.00am

26 Aug Redbourn

28 Sep Aldbury

28 Oct Jordans



Dave Holland

11 Nov Tring Lakes
Dec No Walk
Wine Appreciation
Last Friday in the month.
Writers Workshop
Come and develop your
writing skills.
New members welcome.

'Toffee' A New Group (A Tea/Coffee Group)

Starting this month,
3rd Thursday in the month
from **10.00am-12.00 noon**.
This will be a purely social
and relaxed group, nothing to
prepare, just come. Enjoy
refreshments and bring your
news or anything special you
would like to talk about with
a group of friends, or even
make something for us to
taste but basically relax, easy
to say but hard to do!
Contact:-Margaret Foster.
SGCo-ordinator

**The Peace Hospice
Gardens need YOU**
2 to 3 hours to spare?
contact Maggie 335348

An Exhibition of Local History one of Hertfordshire's oldest timber framed buildings **CROXLEY GREAT BARN c.1398 (Grade2*)**

A 5-bay, aisled 'threshing' barn over
100ft x 40ft, with crownpost roof ~
(last Saturday in month)
29th AUG 26th SEPT 31st OCT
Tours approx 1hr commence at 11.00am
Meet at Caravan Lane, Rickmansworth High Street (east
end) at 10.30am, then 10-15min walk.
public CP only. Walking Shoes.
Groups Welcome Enquiries to: 772325 or e-mail:
info@trmt.org.uk Web: www.trmt.org.uk

CHARITY DINNER AND DANCE

In aid of Watford and District Multiple Sclerosis Society.

Dancing to: 'Rock of Ages' Hertfordshire's
premier '1950's Revival' Band
Friday 14th August 2009 at:
Metropolitan Police Club, Aldenham Road,
Bushey, Watford. WD23 2TR 01923-243947
7.30 for 8.00 p.m. Dinner.
Steak and Mushroom Pie with
Seasonal Vegetables.
Cherry Cheesecake and Cream
Coffee
Tickets: £15.00 per head
Ticket Office:-243947 or Visit the office at the Club

**Thank you to you all,
especially SGLs, who
have sent in
NEWS.**

**Any News from your
Study Group?**

**Do You Still Exist?
COULD YOU HELP?**

by sending us some News
or writing an article about
your group or one that you
attend? send your copy to:
editor @watfordu3a.org.uk
or type it out and post it. **Ed.**

Peace Hospice Raffle

Many thanks to all our
lovely helpers, customers
and donators for our recent
raffles. Keep the donations
coming We will be
pleased to receive these at
meetings, or we can
collect,

John and June Baughen,

**Watford U3A's
Projector & Laptop**
**To check availability
and make a booking
for the digital projector
& laptop computer:**
Colin Richards

Email
digitalequipment@watfordu3a.org.uk

**MICROSOFT OFFICE
PROFESSIONAL
WORD, EXCEL, AC-
CESS, OUTLOOK,
POWERPOINT, PUB-
LISHER.**

MRP Cost: £400+ special
offer to bona fide members
of the U3A ~ £97

Contact: THE THIRD AGE
TRUST 19 East St. Brom-
ley Kent BRI IQH

tel 02084666139 email:
national.office@u3a.org.uk

Help promote security

West Herts Against Crime.
contact Russell Cleaver
01923 221087
russellcleaver@tiscali.co.uk

**Watford HF
Rambling Club**
Invites U3A Members
to walk 12 or 5 miles
in the Canterbury Area.
Saturday
22th August at 8.00am.
Cost £15.

Meet Coach at JS A41
Peter Manhire
020 8950 4778

Committee members

Chairman
John Carleton
Secretary
Yvonne Fitton Study
Group Coordinator
Margaret Foster

JB Computer Services
01923 230607
jb.computerservices@yahoo.co.uk

Computer Repair Home visits
Viruses cleaned; Memory
upgrades; Data backups
Price agreed in advance
10 years repairing PCs
John Boughton

NB U3A Diary 2010
The Third Age Trust
again offers diaries at
£1.90. You can send
away to **TAT** yourself
and get delivery post-
free, or, if you put
your name on the list
and pay **:Francis**
Goode £1.90, he will
have your diary
available for collection
at a monthly meeting.

Monthly Meetings

1st Tuesday

10.00am -12.00noon.
TALKS PROGRAMM

4 Aug Study Group Fair.
1 Sep Sgt Dave Simkin on
Neighbourhood Policing.
6 Oct Neal Holms-Smith
Veteran trees.
3 Nov is Diane Randall
Bees both honey &
bumble and Manuka
honey
For More detail contact
Speaker Secretary:-
David Helliwell
speakers@watfordu3a.org.uk

Material for the **September Newsletter**

**MUST be received
by: 20 August**

For Written
contributions see Study
Group Diary or the
website contact details.

E-mail copy to:
editor@watfordu3a.org.uk